

BLOSSOM VALLEY ATHLETIC LEAGUE

2019 - 2020

CROSS COUNTRY

WEST VALLEY DIVISION

**DEL MAR
GUNDERSON
LINCOLN
LIVE OAK**

**MT. PLEASANT
OVERFELT
SAN JOSE
YERBA BUENA**

CHAIRPERSON: Carlos Robledo - Lincoln

MEET TIMES: 3:00pm

MEET LIMIT: 13 Meets

CCS DATES: Practice Start Date 8/9/19 – 1st Scrimmage 8/23/19 – 1st contest 8/29/19

BVAL MEETINGS: Pre-Season & Post-Season – 8/19/19 & 11/12 @ 6:00PM @ Pioneer H.S.

End of Season Summary due in BVAL Office by November 5, 2019

Thursday, August 29th @ Montgomery Hill

BVAL Scrimmage – All Teams

Thursday, September 5th @ Montgomery Hill

Group I: Del Mar, Mt. Pleasant, Overfelt, Live Oak

Group II: Yerba Buena, Gunderson, San Jose, Lincoln

Wednesday, September 11th @ Montgomery Hill

Group I: Del Mar, Yerba Buena, Gunderson, Mt. Pleasant

Group II: San Jose, Overfelt, Lincoln, Live Oak

Thursday, October 3rd @ Montgomery Hill

Group I: Del Mar, Yerba Buena, Lincoln, Live Oak

Group II: Gunderson, Mt. Pleasant, San Jose, Overfelt

Thursday, October 10th @ Montgomery Hill

Group I: Del Mar, Gunderson, San Jose, Live Oak

Group II: Yerba Buena, Mt. Pleasant, Overfelt, Lincoln

Friday, October 25th

BVAL Entries Due

Monday, November 4th

BVAL League Finals @

Crystal Springs

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CCS Seeding Entries Due

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CCS Championships

2/1/19